

Not actual patient.

Medications for Opioid Use Disorder

 **BHG**
Behavioral Health Group®

Supporting Recovery Through Evidence-Based Treatment

At Behavioral Health Group (BHG), we provide medications for opioid use disorder (MOUD) combined with counseling and wraparound services to support long-term recovery.

Medications are just one part of the solution. True medication-assisted treatment (MAT) combines FDA-approved medications with:

- **Case Management**
- **Cognitive Behavioral Therapy**
- **Motivational Interviewing**
- **Peer and Recovery Support Services**

This whole-patient approach helps individuals stabilize and thrive.

Why Dose Stabilization is Important

Dose stabilization is critical to managing cravings and withdrawal symptoms effectively. By reaching the right dose quickly—under the supervision of our experienced medical directors—patients can focus on their recovery with fewer disruptions.

Benefits of Dose Stabilization:

- **Relieves Withdrawal Symptoms:** Keeps patients physically comfortable and engaged in treatment.
- **Reduces Cravings:** Helps prevent relapse and supports long-term success.
- **Restores Functionality:** Stabilization allows patients to re-engage with daily life, including work, family and counseling.

FDA-Approved Medications Offered at BHG

BHG is one of the 4%¹ of providers nationally that offer all three **FDA-approved medications**—methadone, buprenorphine and naltrexone. Each medication is **designed to ease cravings and withdrawal symptoms**, allowing patients to focus on recovery. By offering all available medications, we can tailor treatment plans to meet the unique needs of each patient and ensure they are set up for success.



Methadone

- **Full opioid agonist** that completely binds to the mu-opioid receptor.
- **Reduces cravings** and painful withdrawal symptoms without producing the euphoric effect of other opioid drugs.
- **Longer lasting** (usually 24 to 36 hours), preventing the frequent peaks and valleys associated with drug-seeking behavior.



Buprenorphine

- **Partial agonist**, meaning it activates opioid receptors to a lesser degree. It effectively provides relief from painful withdrawal symptoms and cravings, with a lower risk of misuse.
- Does not produce euphoric effects and **does not have some of the dangerous side effects** associated with other opioids.



Naltrexone*

- **Opioid antagonist** that binds to the mu-opioid receptor without activating it; effectively blocking the effects of opioids if they are used.
- Does not produce any euphoric effects, so no **physical dependence** is associated with their use.

- Recommended for relapse prevention and for **abstinence-based treatment**, not for withdrawal management.
- **Patients must be opioid free for a period of time** before initiating use.

Choice of Medications

Every patient is unique, which is why our **medical practitioners take many factors into account when deciding which medication** to recommend in each case.

- A person's **medication preference** and motivation for change
- Age at **onset, duration and severity** of opioid use
- **Other substances** that might be used in conjunction with opioids

- Co-occurring **psychiatric or medical** conditions
- **Prior history** of and response to substance use
- Recent and **ongoing use** of opioids
- **Family history** of mental health and/or substance use conditions
- Other **prescription medications** being taken

*Select locations

Not actual patient.

Ready to Refer to BHG?

At BHG, we prioritize safe, effective and personalized treatment plans to ensure the best possible outcomes for our patients.

Streamlined Referral Process:

24/7 Referral Line: For immediate assistance with patient referrals or appointment scheduling, call **866-763-2244**.

Simple Online Referral Process: Use our 'Refer a Patient' form to securely initiate a patient referral by visiting **BHGrecovery.com/refer**.

Walk-In Availability: We offer same-day or next day intake and medication dosing at all locations.



*Learn more,
scan the code!*

Call: 866-763-2244

Visit: BHGrecovery.com/refer



Patients should speak with their healthcare provider to assess risks and side effects of medications.

¹ Medications for Opioid Use Disorder Improve Patient Outcomes, Pew Charitable Trusts Fact Sheet, December 2020

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